

## English

### Systems Goal

This goal is intended to address the systemic racism and inequities embedded within systems as we pursue accessible housing, health care, mental health, transportation, childcare, and inclusive education services that value the self-determination of people with IDD; DD services that help people build and sustain diverse and integrated supports in their lives as they pursue their goals; and peer support to be valued and facilitated by systems.

Impact will be determined by monitoring engagement in advocacy with a focus on who is engaged and how, policies, programs and practices changed, and which populations are impacted by those changes following Council efforts.

By 2026, we will improve the ability of service systems to create equity and support self determination alongside people with IDD and their families, representing the diversity of Oregon.

### People Goal

This goal is intended to amplify our capacity to pursue Goal 1 as well as individuals' capacity to lead self-determined and self-directed lives as valued members of Oregon's communities.

Impact will be determined by monitoring outcomes of Council trainings, presentations, public awareness, and communications efforts, including growth in Family Network and OSAC leadership.

By 2026, we will increase the capacity of members of the developmental disability community, representing the diversity of Oregon, to effectively pursue equity for people with developmental disabilities in all Life Domains.

## Español

### Meta de Systemas

Esta meta tiene como fin abordar el racismo sistémico y las inequidades integradas en los sistemas mientras procuramos conseguir vivienda accesible, atención médica, salud mental, transporte, cuidado infantil y servicios de educación inclusiva que valoran la autodeterminación de las personas con IDD; Servicios de DD que ayudan a las personas a adquirir y mantener apoyos diversos e integrados en sus vidas mientras persiguen sus metas; y el apoyo de pares/compañeros para ser valoradas, y facilitados por los sistemas.

El impacto se determinará mediante el seguimiento de la participación en la defensa con un enfoque en quién participa y cómo cambian las políticas, las prácticas y los programas, y en qué poblaciones tienen efecto esos cambios después de los esfuerzos del Consejo.

Para el 2026, mejoraremos la capacidad de los sistemas de servicio para crear equidad y apoyar la autodeterminación junto con las personas con IDD y sus familias, representando la diversidad de Oregon.

## Meta de Personas

Esta meta tiene como fin ampliar nuestra capacidad para alcanzar la Meta 1, así como la capacidad de las personas para llevar una vida autodeterminada y autodirigida como miembros valiosos de las comunidades de Oregon.

El impacto se determinará mediante el seguimiento de los resultados de las capacitaciones, presentaciones, conciencia pública y esfuerzos de comunicación del Consejo, incluido el crecimiento en el liderazgo de la Red Familiar y OSAC.

Para el 2026, aumentaremos la capacidad de los miembros de la comunidad de discapacidades del desarrollo, representando la diversidad de Oregon, para procurar establecer de manera efectiva la equidad para las personas con discapacidades del desarrollo en todas las Áreas de la vida.

Council membership shall consist of at least 60% **Self Advocates** or **Family Members**, plus representatives from **Federally Funded Agencies** (University Centers for Excellence; the state Protection & Advocacy, Disability Rights Oregon; Vocational Rehabilitation; APD/DHS; ODDS; ODE; and OHA), and **Community Partners** (non-governmental organizations).

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We currently have  
**28 council members**  
and **5 open positions**.

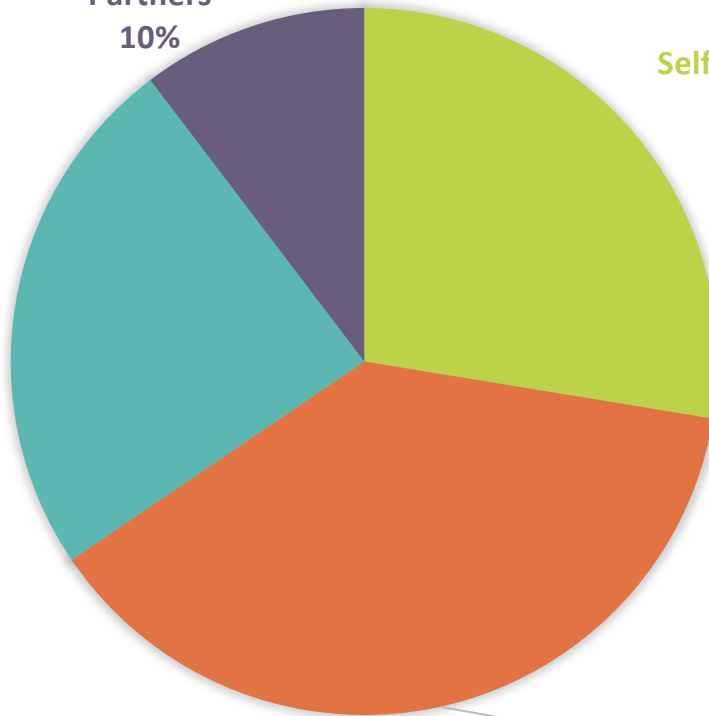
Federally Funded  
Agencies  
24%

Community  
Partners  
10%

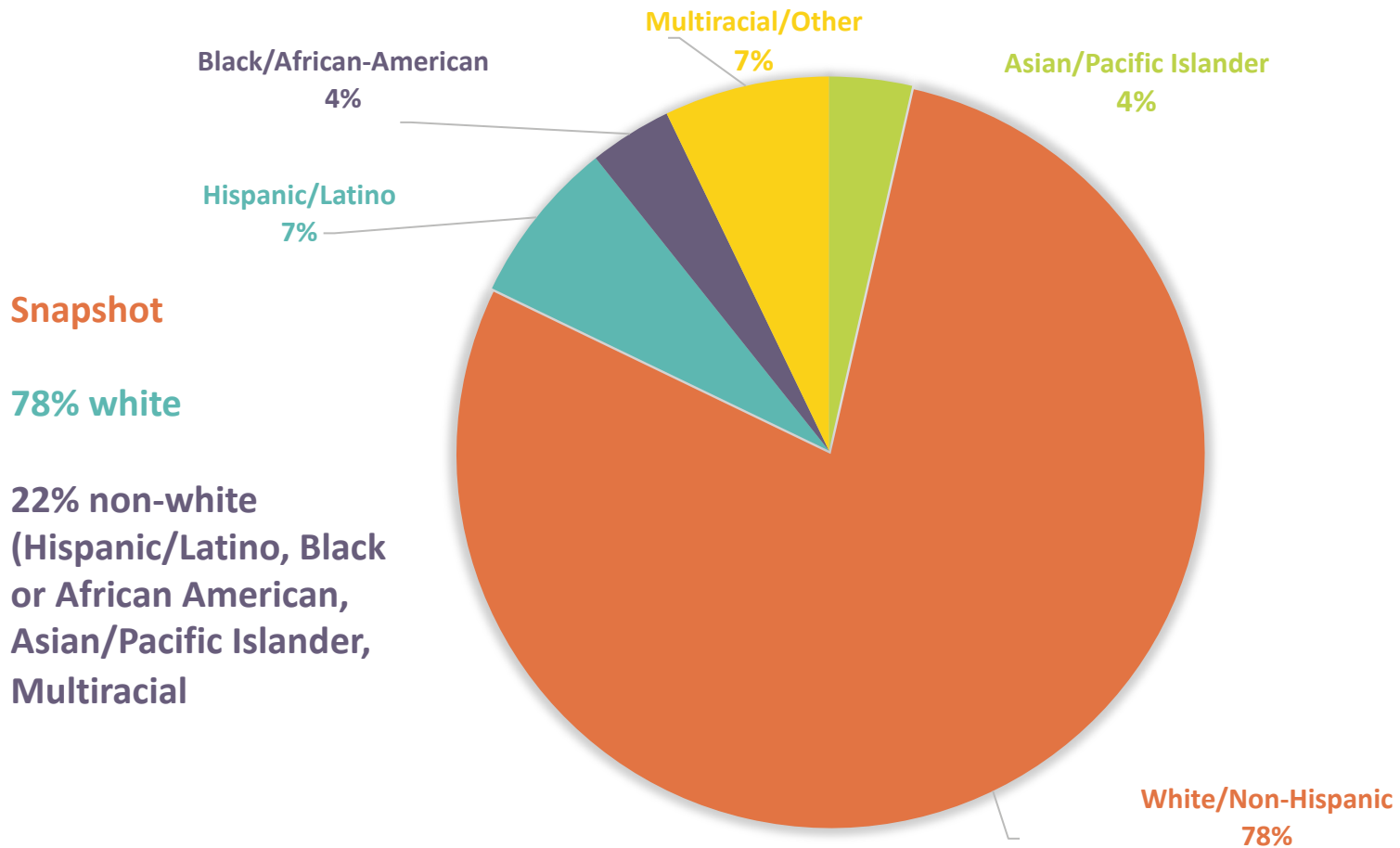
Self Advocates  
28%

We currently have  
**64% representation**  
from self advocates and  
family members.

Family Members  
38%

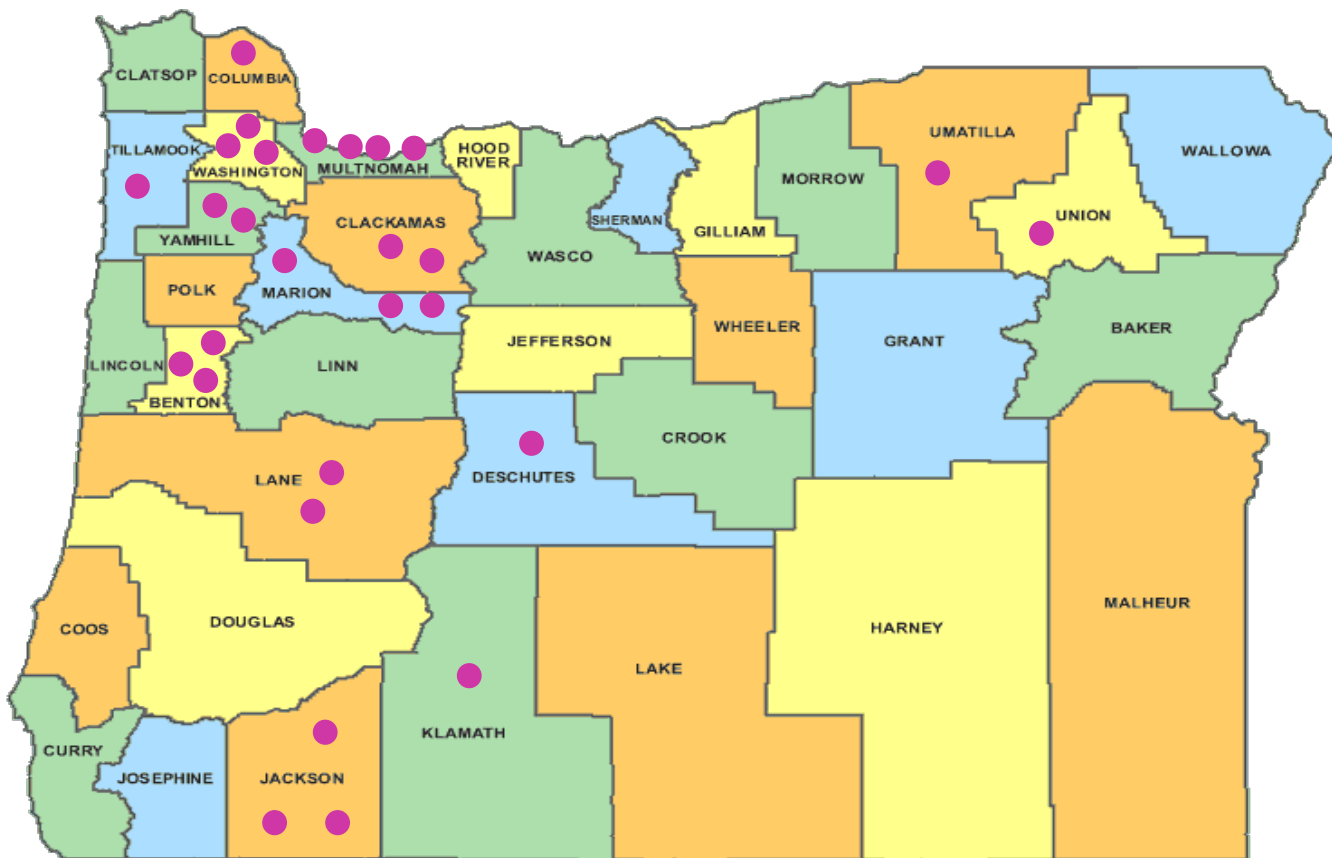


# Council membership should represent the racial, ethnic, and geographic diversity of Oregon's population.



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New  
Members:  
  
Yamhill  
Clackamas  
Benton



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# Five Open Council Positions

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Self  
Advocate

Self  
Advocate

Family  
Member

APD/DHS

OHA

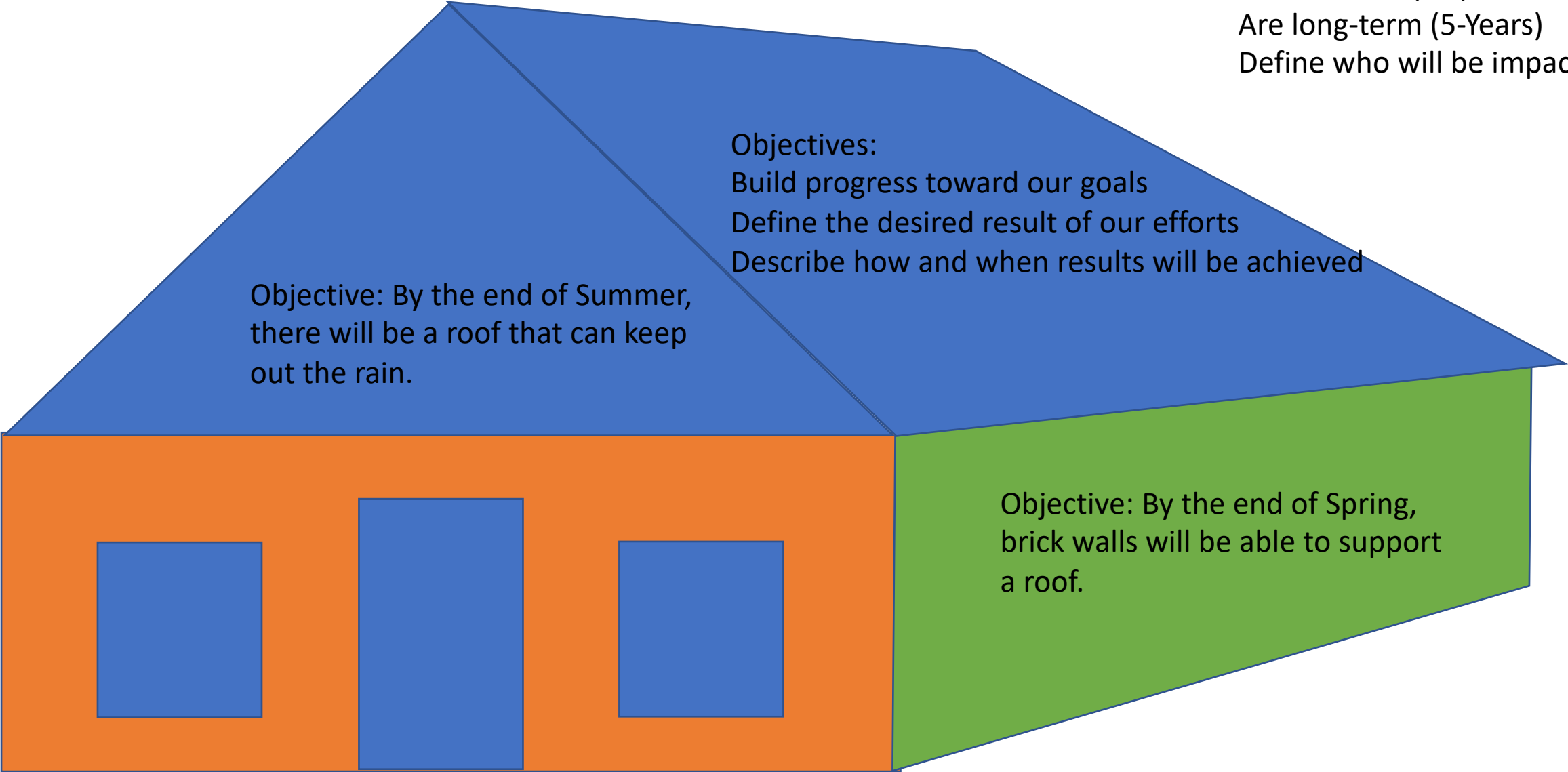


# 5 Year Plan Requirements

Goals & Objectives

Goal: In a year, have a House my family can live in safely.

- Goals:
- Have big impact
- Describe our purpose
- Are long-term (5-Years)
- Define who will be impacted



Objectives:  
Build progress toward our goals  
Define the desired result of our efforts  
Describe how and when results will be achieved

Objective: By the end of Summer,  
there will be a roof that can keep  
out the rain.

Objective: By the end of Spring,  
brick walls will be able to support  
a roof.

Objective: By the first day of Spring, a foundation will be laid for a house.



# What is a Goal?

- A goal is a measurable statement of purpose for the desired long-term (5-year), global impact of the area of focus. Goals generally address change.
- Well-written goals help to establish the overall direction for a DD Council area of focus, define the scope of what the area of focus should achieve, and serve as the foundation for developing objectives.

## Good Goals:

- Specify an expected program effect
- Identify the target population to be affected
- Set overall priorities

# What is an Objective?

- An objective is a specific, measurable statement of the desired immediate or direct outcomes of the initiative that support the accomplishment of a goal.
- Describe results to be achieved and the manner in which results will be achieved.
- Set targets for progress and accountability.
- Describe how and when results will be achieved.

## Smart Objectives:

- Specific
- Measurable
- Achievable
- Realistic
- Timely

# Self Advocacy Plan Requirements

- 1) Establish or strengthen a State self-advocacy organization led by people with intellectual disabilities/developmental disabilities (ID/DD).
- 2) Support opportunities for people with ID/DD who are leaders to provide leadership training to other people with ID/DD who may become leaders.
- 3) Support and expand participation of people with ID/DD in cross-disability, culturally diverse leadership coalitions.

# Target Disparity Plan Requirements

- 1) Does the goal or objective identify the un-served/underserved population?
- 2) Does the goal or objective specifically identify the targeted disparity to be addressed during the 5-year State plan cycle?
- 3) Does the goal or objective specify the activity to address the targeted disparity?
- 4) Is the identified un-served/underserved population reflected in the Comprehensive Review and Analysis

# 2017 - 2021 Goals

**Systems Goal:** By October 2021, we will demonstrate an increase in the number of policies and practices that support children and adults with IDD to access community life.

**People Goal:** By October 2021, we will demonstrate an increase in the number of people with IDD who are supported to pursue full lives as members of their communities



# Proposed 2022 - 2026 Goals

**Systems Goal:** By 2026, we will improve the ability of service systems to create equity and support self determination alongside people with IDD and their families, representing the diversity of Oregon.

**People Goal:** By 2026, we will increase the capacity of members of the developmental disability community, representing the diversity of Oregon, to effectively pursue equity for people with developmental disabilities in all Life Domains.

# How did they change?

<b>Years</b>	<b>People Goal</b>	<b>Systems Goal</b>
2017-2021	By October 2021, we will demonstrate an increase in the number of people with IDD who are supported to pursue full lives as members of their communities	By October 2021, we will demonstrate an increase in the number of policies and practices that support children and adults with IDD to access community life.
2022-2026	By 2026, we will increase the capacity of members of the developmental disability community, representing the diversity of Oregon, to effectively pursue equity for people with developmental disabilities in all Life Domains.	By 2026, we will improve the ability of service systems to create equity and support self determination alongside people with IDD and their families, representing the diversity of Oregon.

# What is important about the people goal?

This goal is intended to amplify Oregon's capacity to pursue Goal 1 as well as individuals' capacity to lead self-determined and self-directed lives as valued members of Oregon's communities.

## **How will we know we're doing a good job?**

By monitoring outcomes of Council trainings, presentations, public awareness, and communications efforts, including growth in Family Network and OSAC leadership.





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