



February Council Meeting

Zoom:

<https://us02web.zoom.us/j/86482993415>

Friday, February 18, 2022

Present: Daniel Alrick, Lindsay Stephens, Alisha Overstreet, Anna Lansky, Che Walker, Chris Knowles, Eddie Plourde, Emily Braman, Jake Cornett, Jasper Smith, Joe Carroll, Julie Chick, Julie Farrell, Kelly McCauley, Laura Estreich, Mack Beatty, Paulina Larenas, Pennie Hartley, Rhonda Eppelsheimer, Rosa Belem Ochoa, Sally Simich, Sarah Noack

Guests: Greg Rochford, Hilary Harrison

Interpreters: Isabel, Joy

Staff: Abby Scott, Emilie Wylde Turner, Kim Gotter, Leslie Sutton, Melinda Benson, Ryley Newport, Sieu Inac, Trish Roussel

Absent: Ben Hoffman, Nicola Spears

Welcome and Introductions

Daniel called the meeting to order at 9:15 am. Quorum is met. Participants introduced themselves. Daniel reviewed the agenda.

Business Meeting

Daniel opened the Business meeting.

Meeting minutes

Eddie moved to approve the December 2021 meeting Minutes as written. Alisha seconded the motion. 16 votes in favor, 0 opposed, 4 abstain. Motion to approve the December 2021 minutes carried.

FFY 2022 Budget Update

Budget was shared with Council via email and on screen. Kim reported that the budget is now aligned with the Council's 5-year plan goals and objectives. This is how the federal funders want to see the budget. Members discussed an ad-hoc budget committee to assure accessibility and understanding of the new budget template.

Staff are still working on breaking out staff expenses by goals and objectives. Council Members asked questions and discussed the budget presented.

Council staff are working on getting contracts signed so that the subcontractor work can begin.

HB 2992 Stipend Update

After meeting with Federal and State partners and well as Oregon Department of Justice, the proposed bylaws updates are based on State law. State laws are broader and support Council Members with a wider interpretation. The Council discussed the proposed Bylaw Amendment to Article 4 Membership, Section F.

It was noted that Stipends fall under Administrative expenses which is capped at 30% of the Council's budget. Current estimate for stipends is \$20,000 per year which we can cover this year due to all the virtual meetings. That may change in the future depending on the number of in-person meetings the Council chooses to hold.

As a reminder, the stipends are taxable income and Council staff can help Members find benefits planning support if needed. Council Members asked questions and discussed the amendment updates presented.

Eddie moved to approve the proposed Bylaw Amendment to Article 4 Membership, Section F. Mak seconded the motion. 18 votes in favor, 0 opposed, 1 abstain. Motion to approve the Bylaw Amendment to Article 4 Membership, Section F carried.

The Council took a break.

Unallocated Budget Funds

Leslie provided a brief overview of what is included in a budget including definitions for Income, Allocate and Expense. Staff responsibilities include building the budget and reporting on the budget. Council Members Approve the Council budget including Income, Carryover, Allocations and Expenditures. They also monitor the Council's budget regularly.

There is currently \$186,127 in unallocated funds. Council staff have offered allocation recommendations of this money. These include:

DD101 Printing and Additional Translation (Goal 1, Obj. 1; Goal 2, Obj 2) \$40,000,
DD101 Formatting (English and Spanish versions) (Goal 1, Obj. 1; Goal 2, Obj 2) \$30,000,
DD Awareness Poster Development, Printing, Shipping ((Goal 1, Obj. 1) \$10,000,
Building a Future Vision for DD Services Summit (Goal 2, Obj 3) \$100,00.
These recommendations total \$180,000.

Regarding the Future of DD Services Summit: Bringing stakeholders from around the State, the summit would focus on creating a vision for future DD services given workforce and housing shortages. It would elevate and build a vision for supports in DD services that:

Support community living,
Explore use of technology,

Support families,
Give feedback for DD Services to do better (Quality Assurance)

This summit would be held during the Summer 2022.

Council Members asked questions and discussed the proposed recommendations for unallocated funds as presented.

Julie Chick moved to approve the proposed recommendations for unallocated funds as presented by Council staff. Sarah seconded the motion. 20 votes in favor, 0 opposed, 1 abstain. Motion to approve the proposed recommendations for unallocated funds as presented carried.

Executive Director Review Discussion

The Council went into Executive Session for this discussion at 11:32 am. Daniel led the Council through the discussion, leaving Executive Session at 11:47 am.

Behavior Consultation Rule Advisory Committee Update

Council Member Che Walker recently attended a Rule Advisory committee meeting that requested Council feedback as they work on Oregon Administrative Rules (OAR) that govern how behavior specialists work in Oregon. One of the terms up for debate was “challenging” behavior. Suggestions for replacing “challenging” could include behavior that needs support, addressed behavior, connection seeking behavior and focused behavior.

The Council took a lunch break from Noon to 1 pm.

Mental Health Initiatives

Council Member Rhonda Eppelsheimer led this discussion. OHSU UCEDD is working to build a mental health system that responds to the needs of all Oregonians. In their research, they have identified areas of need: more reliable data, separate service systems, providers, access to care and culturally specific.

OHSU UCEDD is currently working with 5 other states in a 5-year research project led by Ohio State University. The project is in its 3rd year and was designed to improve health and quality of life for people with IDD who also have mental health needs. The development of the study was heavily led by people with lived experiences.

Other current OHSU UCEDD activities include National Core Indicators using adult in-person interviews. The data reviews of those Indicators help to develop briefs around loneliness. They have added mental health access questions to the Indicators.

Training and education activities happen with the Oregon Transition Program (working with Sally Simich and ODE), webinars for providers and pre-service training on disability awareness.

Resource Development and Services include the National Training Center on Mental Health and Developmental Disabilities, helping to develop tools and resources and the Transition Clinic at OHSU. This clinic promotes quality mental health care and supports for people with developmental disabilities by providing access to information, resources and training.

Rhonda asked the Council- What are ideas you have about working together to best address

mental health needs of Oregonians with disabilities and their families?

- *Is your focus all ages are focused on adults? The answer was both children and adults.
- *DD services and mental health services don't often speak to each other.
- *How do we incentivize practitioners to support those with IDD?
- *I worry about overmedication due to a lack of understanding.
- *Lack of coordinated care. Individuals are told insurance will allow a service, now good luck, go find someone to actually provide the service.

Retreat planning discussion

The retreat will cost approximately \$25,000. Survey results say many council members are not available during the June timeframe. This brings up concern about whether or not there will be a quorum to conduct Council work. Without a quorum, work timelines are affected for the following six months.

Council members asked about the hotel cancellation policy. If we cancel the hotel within 30 days of the retreat, all of the deposit of \$21,000 will be forfeited. If we cancel before 30 days, \$16,000 of the deposit will be forfeited. If we tell the hotel today that we will not be using the facilities for our June retreat, it will not cost the Council anything.

Alisha made a motion to not hold this year's Council Retreat in-person at the hotel at Agate Beach. Eddie seconded the motion. 16 votes in favor, 1 opposed, 2 abstain. Motion to approve not holding the Retreat in person at Agate Beach carried.

DD Awareness Month Planning for March 2023

Greg Rochford is a creative services coordinator who has helped the Council in many graphic design projects and will be helping with planning this year's awareness campaign.

The 2022 National DD Awareness theme is "World's Imagined". For example, What do you want housing to look like? What do you want employment to look like? What do you want healthcare to look like? What do you want for self-advocacy?

There was a lot of discussion regarding what this year's focus should be for Oregon: Raising awareness of centering the intersection of culture, inclusion and disability. Imagine a world where all people are included and can access the support they need and want. Photos that show more than one person and visually represents many people. Community acceptance versus community awareness. The importance of self-advocacy. For future campaigns, engage in conversation and access to quality mental health care.

Greg and Ryley will work up some ideas and Ryley will work to finalize the poster.

Policy updates

We are halfway through this short legislative session.

HB4032A is an Early learning bill that would require training for early learning professionals regarding resources for children with disabilities.

SB1578A would allow ODE to investigate allegations of school districts who are not providing FAPE for all children.

HB4048A housing would offer additional supports during heat waves including air purifiers and air conditioning.

SP1548A DD services allows ODDS to develop Agency with Choice option.

SR201 in memory of Kathryn Weit If you were unable to watch this beautiful tribute, you can see it [here](#). It begins at 19:00 the time mark and you can hear Senate President Courtney's moving final remarks at 1:01:00.

Don't forget to check the Go bulletin for the latest legislative updates.

Wrap up conversation regarding Retreat

In December, the Council voted to hold an in-person retreat in 2022. Today we released Agate Beach for an in-person retreat. Leslie and staff will work to find a place to meet one day only in either June or August. Those options will be brought back to the April Council meeting for a Council decision.

There was no public comment.

One word closing round: engaged, weekend, changes, eagerness, pain, outreach, gratitude, eagerness, teamwork, great, grateful, advocacy, gratitude, missing everyone, excited anticipation, poster, happy, post, accomplished, informed plan, hopeful, bright, inspiring.

Daniel adjourned the meeting at 3:40 pm.