### **People Goal**

By 2026, people in the DD Community are equipped with the knowledge and skills to effectively advocate for, and meaningfully experience, equity and inclusion in all aspects of their lives.





Oregon Council on Developmental Disabilities

# **Engaging diverse voices**

Council trainings, presentations, and communications efforts will reach racially, linguistically, culturally, economically and geographically diverse voices and experiences—and thereby engage the entire DD community.

Year 3 (FFY 2024)	Year 4 (FFY 2025)
Telling the story of Oregon institutions by providing context to Ed Wong Paintings. Gather stories and content this year (contract)	Finalize content and display information
Gather self-advocate and family input plus analysis and recommendations on approaches and system structures to accessibly communicate information about DD Services with focus on diverse communities (contract)	Finalize recommendations, advocate for systems change based on recommendations
Develop a communications plan that reaches diverse audiences. This includes messaging about the Council's work and communicating about disability values like self-determination (staff)	Implement communications plan
Communicate publicly, accessibly, regularly, about the Council's work (staff)	Same



### **Growing Leadership**

People with developmental disabilities, their families, and networks of support, will develop effective advocacy and communication skills.

Year 3 (FFY 2024)	Year 4 (FFY 2025)
Engage adults with DD who have significant support needs from 3 focus regions in shared advocacy. Develop plan for continued engagement. (staff)	Implement plan and expand engagement in at least 2 additional regions
Host two Partners in Policymaking cohorts while developing continuous improvement and expansion plan for future cohorts (ARPA dollars, contract)	Two Partners in Policymaking cohorts (contract, will have OCDD budget impacts FFY 25)
Develop structure for continued engagement with Partners and Strong Start graduates (staff time)	Implement structure with partners (staff)



### Systems Goal

By 2026, alongside the diverse DD Community, the Council will identify inequities in systems access and services. We will use that information to support system and policy change that strengthen self-determination of all people with DD so they can have control of their lives and services.





### Self Advocacy

For each year of the plan, the Council will provide support for a self-advocacy organization led by people with DD to recruit, train, coach and mentor other self-advocates and support their participation in cross disability organizations.

Year 3 (FFY 2024)	Year 4 (FFY 2025)
Continue YouTube Channel (contract/staff time)	Same
Support Discovery Tour (contract/staff time) Identify one policy/systems change topic to focus on and coordinate with OCDD	Support Discovery Tour Focus on legislative advocacy around the identified topic
Trainings offered to local self advocacy groups (contract/staff)	Same
Support quarterly meetings for self advocates to come together around shared advocacy priorities (contract/staff)	Same
Support activities that increase self determination and come from the September 2023 Self Advocacy Summit	Same



## **Targeted Disparity**

To better serve Spanish-speaking people with DD, their families, and communities, the Council will partner with ODDS, ODE, and OHA to reduce cultural and linguistic barriers to information and services.

Year 3 (FFY 2024)	Year 4 (FFY 2025)
Facilitate opportunities for Spanish Family Leaders to regularly meet with and educate ODDS leadership (staff)	Same
Facilitate opportunities for Spanish Family Leaders to regularly meet with and educate ODE leadership (staff)	Same
Facilitate opportunities for Spanish speaking people connected with the DD community to meet with OHA (staff)	Same
Engage Spanish Speaking Communities in the discussions of how DD Services communicates about the DD System (see Engaging Diverse Voices Objective)	· ·
Development and printing of statewide resource materials to give families. Focus on Spanish Speaking programs	Distribute materials



### **Integrated Services & Supports**

Service systems will promote access to integrated supports for people with DD to pursue the lives they want within their own communities. Legislative and Policy Advocacy Focus

### Year 3 (FFY 2024, Agency focus)

#### Year 4 (FFY 2025, Legislative focus)

Educate Legislators on the strengths and challenges experienced by the IDD community in pursuit of self-determination and equity

Before and during legislative session, collaborate with community and agency partners to:

Promote self determination and equity in educational services and supports.

Promote non-discrimination in health services

Promote self determination and equity within DD services

Increase capacity within the mental health system to support people with IDD and their families

Promote opportunities in housing for people and families with IDD

Promote equity in legal and civil rights of youth and adults with IDD

Support family peer support facilitated by DD services

Support work of ODDS Quality Improvement (Summit activity)

Support work of the Technology First Initiative from Summit



### **Integrated Services & Supports**

Service systems will promote access to integrated supports for people with DD to pursue the lives they want within their own communities.

#### **Projects (contractors)**

Year 3 (FFY 2024)	Year 4 (FFY 2025)
Mental Health Contract: Information gathered from people with DD about their lives, families, DD providers, behavior support specialists, and mental health providers through surveys, focus groups and meetings about current barriers and visions for future of mental health/behavior support. Analyze data to create recommendations for system change in mental health system (for therapy) and/or DD system (for behavior support).	Advocate for implementation of the recommendations with state agencies and legislature.
Housing: Housing advocacy work to ensure that Oregonians with DD have housing opportunity. This would include organized advocacy and policy work.	Continue housing policy change work
Self Advocates in Leadership Roles (continuing work from FFY 23) (contract)	Continue implementation



### **Emergent Disasters**

For each year of the plan, the Council will identify and assess emerging environmental, biological or natural disaster needs for people with DD and their families and take action as appropriate.

NOTE: This is a new objective for FFY 2023. This is the first year a workplan has been established or presented for this objective.

#### Year 3 (FFY 2024), Year 4 (FFY 2024)

Each year, Council staff will identify, evaluate and assess emerging biological or natural disaster needs and trends for people with DD and their families and take action as appropriate.



### **OIDD Network Collaboration**

By Year 3 of the Plan, the OIDD Network Partners will develop publicly accessible information and provide technical assistance and training to professionals in the education and health care fields to increase their knowledge about health promotion, mental health access, disability language, barriers to access or healthcare rights for people with DD.

NOTE: This is a new objective for FFY 2023. This is the first year a workplan has been established or presented for this objective.

#### Year 3 (FFY 2024)

Council staff and OSAC will work with Oregon Health Sciences University to train healthcare professionals on LifeCourse Principles in relation to health promotion, mental health access or healthcare rights for people with DD.

Council staff and OSAC will train University of Oregon graduate students on the power of language in the disability community.

Council staff will work with Disability Rights Oregon to develop publicly accessible information.

